

# Emergency Guidelines



## Plan Ahead for Emergencies

Your peritoneal dialysis (PD) nurse will review the procedure for discontinuing your PD treatment in an emergency. Keep the stay•safe<sup>®</sup> Connection and Disconnection Procedure for Automated Peritoneal Dialysis (APD) reference near your dialysis machine for quick reference.

- Discuss with your PD nurse where you would have dialysis in an emergency if you are unable to perform your dialysis at home. Your PD nurse will provide you with a dialysis center for backup dialysis and a hospital where you could have dialysis in an emergency. In some emergencies, it may be necessary to go to the nearest hospital.
- Keep a current list of all your medications.
- Keep a month's supply of all your medications on hand.
- If you work, keep a supply of all medications at your workplace.
- Keep a copy of important medical information such as allergies, medical conditions, and kidney doctor's name and phone number. Always carry the emergency number for your PD nurse on call.
- Obtain and wear a medical ID bracelet or necklace, if recommended by your doctor.
- Keep a three-day supply of canned or non-perishable food.
- Maintain an emergency supply of dialysis supplies at home, based on your dialysis center's instructions.
- Notify your PD nurse if your phone numbers have changed.

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## MAKE AN EMERGENCY BOX, INCLUDING:

- A copy of the stay•safe<sup>®</sup> CAPD procedure card
- A list of emergency phone numbers
- A battery-powered radio
- Extra batteries
- Flashlight or candles and matches
- A first aid kit
- A fire extinguisher
- Plastic forks, spoons, knives, paper plates, bowls, and cups
- Baby wipes or napkins
- Can opener
- Sharp knife
- Plastic jug filled with water or bottled water
- Hand sanitizer

[Ready.gov/sites/default/files/documents/files/checklist\\_1.pdf](https://www.ready.gov/sites/default/files/documents/files/checklist_1.pdf)

Important: This card is for informational purposes only and is not intended to be medical advice. Questions regarding treatment should be directed to your physician or qualified healthcare provider.

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