

Peritoneal Dialysis (PD) Catheter & Exit Site Care



Daily Care

- Wash and dry your hands before starting exit site care.
- Remove the old dressing and check for signs of infection (redness, swelling, drainage, or soreness).
- Check your PD catheter and catheter extension set for cracks or tears.
- Wash your exit site with antibacterial soap from a pump dispenser bottle.
- Use a clean washcloth.
- Rinse well.
- Dry the area thoroughly.
- Apply a dressing if instructed to do so by your PD nurse.
- Secure your catheter and catheter extension set to your abdomen with tape or an immobilizer.



Reminders

- Once your PD nurse has determined that your exit site is healed, shower as frequently as directed.
- Wear clean clothes that are not too tight around the exit site.
- Do not put powders or lotions on your exit site unless instructed by your doctor or PD nurse.
- Do not pick at or remove scabs.
- Do not use scissors to remove old dressing or tape.



Important!

- Call your center if your exit site is red, swollen, tender, or sore, and/or has drainage.

Important: This card is for informational purposes only and is not intended to be medical advice. Questions regarding treatment should be directed to your physician or qualified healthcare provider.

Chow KM, et al. ISPD Catheter-related Infection Recommendations: 2023 Update. Perit Dial Int. 2023;43(3):201-219.
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