



steps2home™ PD
Comparison with
NxSTEPS®2 v. 3.0

Course Takeaways and Objectives

Key Takeaways and Learning Objectives

- 01 Review the similarities and differences between steps2home PD and NxSteps2
- 02 step2home PD site should be bookmarked
- 03 Log in credentials for care team members are set-up by the Clinical Consultant team
- 04 Full training course is also available

Log in Page

steps2homePD.freseniusmedicalcare.com

The screenshot shows the login page for steps2homePD. At the top, there is a header with the Fresenius Medical Care logo. Below the header, the URL 'steps2homePD.freseniusmedicalcare.com' is displayed. The main content area features a login form with the following elements:

- A green button labeled 'Log in to Access Training'.
- A welcome message: 'Welcome to steps2homePD! Click 'Access as a Care Team Member' to access the training platform.'
- A link labeled 'Access as a Care Team Member' with a callout box pointing to it that says 'Click to access'.
- A section titled 'LOG IN WITH MY PATIENT ID' containing:
 - A text input field with the number '1234'.
 - A password input field with a toggle icon.
 - A green 'LOG IN' button.
 - A link labeled 'Forgot Password' with a callout box pointing to it that says 'Access as Guest'.
- A link labeled 'Access as a guest'.
- A footer note: 'These programs and training support tools were developed by Fresenius Medical Care for educational purposes only. [Read More...](#)'

Note: The 'nurse view' is optimized for landscape view, while the 'patient view' can be viewed in either landscape or portrait view.

Note: Throughout this presentation the feature highlighted in the dark blue boxes indicate similarities to NxSteps2 3.0 while the lighter blue boxes represent differences.

Layout is similar to NxSteps2. **[Click]** Click here to access as a care team member. **[Click]** Log in here with patient credentials once set up. If the patient forgets their password, **[Click]** they can have it reset here. **[Click]** Access as a guest, similarly takes you to all the patient learning modules that are not tracked and not part of a customized training plan for that patient. Could use this if for some reason patient can't log in or forgot password and can't get ahold of their nurse. It's important to emphasize that no training is tracked when they use this function, so there will not be a record that it was completed.

Log in as Care Team Member

The image displays two side-by-side screenshots of login interfaces for Fresenius Medical Care. The left screenshot shows the 'steps2 home PD' login page, which includes a 'Log In to Access Training' header, a 'Welcome to steps2homePD! Click Access as a Care Team Member to access the training platform.' message, and a 'Log In with my Patient ID' section with a text input field containing '1234', a password field, and a 'Log In' button. Below this is a 'Forgot Password' link and an 'Access as a guest' link. The right screenshot shows the 'STAGE Patient Login' page, which includes a 'Log In to Access Training' header, a 'Patient Login' section, and a 'Care Team Member Log In' section with fields for 'Account ID' (containing '1234'), 'Email', and 'Password', and a 'Log In' button. Below the 'Log In' button is a link for 'Quick Access to Dialysis Start, Set-up and Troubleshooting Guide'. A blue callout box with a white arrow points to the left screenshot, containing the text 'No Quick Access'.

No Quick Access

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Different from NxSteps2, **[Click]** there is not quick access to set-up and troubleshooting information.

Care Team Member Login

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Access steps2home PD Platform:

Go to this URL in your browser:

<https://steps2homepd.freseniusmedicalcare.com/>

Click: **Access as a Care Team Member**

1. Account ID
2. Email
3. Password

Click: **LOG IN**



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The care team member should enter their account, email, and password. Initial set-up is completed by the Clinical Consultant team.

When demonstrating the site, you can use a generic log in.

- Enter 1 2 3 4 for account ID.
- Enter nurse@center.com for the email
- Enter Welcome123! for the password

PREP Tab

English only

steps2 home PD

nurse@center.com Logout

Patient category

Patient search function

NEW PATIENT

Patients Active

Search

Patient ID	Name	Training Progress	Select Patient	Manage Patient
29305345	CarKi	4.0%	SELECT	EDIT
28655439	Pot4	0.0%	SELECT	EDIT
38315512	Pot3	0.0%	SELECT	EDIT
40862884	Pot1	0.0%	SELECT	EDIT
44130457	AG	81.5%	SELECT	EDIT
20937053	Fin4	2.0%	SELECT	EDIT
24902235	Fin3	34.8%	SELECT	EDIT
51166261	TLH7	3.6%	SELECT	EDIT

PREP

TRAIN

MANAGE

HELP

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[Click] Different: This initial release is in English only

[Click] Same: Patient search function is the same. You can search for patient initials or patient ID.

[Click] Same: Patient category is included allowing for viewing of active, paused, or completed patients. Similar to NxSteps2 3.0 once patients are complete, they will still have access to the training information.

Same: There is not a Notes tab, which aligns with NxSteps2 (3.0) based on customer feedback, that it could contain protected health information (PHI)

Set-up a New Patient

1

The screenshot shows a web interface for 'steps2home PD'. At the top, there is a blue header with the text 'Set-up a New Patient'. Below this, the main content area has a light blue background. On the left side of the main area, there is a large blue circle with the number '1'. In the center, there is a white box titled 'Create a Patient'. Inside this box, there is a green header bar with the text 'Create a Patient'. Below the header, there is a paragraph of text: 'The patient will need to remember their password. Select SET PATIENT PASSWORD to create a custom password.' Below this text is a green button labeled 'SET PATIENT PASSWORD'. Below the button, there is a horizontal line. Below the line, there is another paragraph of text: 'Security questions allow the patient to recover their account if they forget their password. Select the button below to set security questions.' Below this text is a green button labeled 'SET SECURITY QUESTIONS'. At the bottom of the main content area, there is a navigation bar with four buttons: 'PREP' (blue), 'TRAIN' (green), 'MANAGE' (purple), and 'HELP' (green). At the top right of the main content area, there is a blue bar with the text 'nurse@center.com' and a 'Logout' link. At the bottom of the page, there is a dark blue footer with the Fresenius Medical Care logo and name on the left, 'Fresenius Medical Care' in the center, and 'Page 7' on the right.

Same: Set up the patient password and security questions first

Set-up a New Patient

1

steps2
home™ PD

nurse@center.com Logout

Create a Patient

Enter the patient's initials.

Patient Initials:

NEXT

START OVER

PREP TRAIN MANAGE HELP

Enter patient initials.

Start New Patient

2

The screenshot shows a web interface for 'steps2 homePD'. At the top, there's a blue header with the text 'Start New Patient'. Below this, the main content area has a light blue background. On the left side of this area, there's a large blue circle with the number '2'. The central part of the interface is a white box titled 'Create a Patient'. Inside this box, it says 'Answer the questions below. Your responses will build a training plan customized for the patient.' Below this, there's a question: 'Does the Patient have a Care Partner?'. There are two green buttons labeled 'YES' and 'NO' for answering. At the bottom of the white box, there's a red button labeled 'START OVER'. Below the white box, there's a horizontal bar with four colored segments: blue labeled 'PREP', green labeled 'TRAIN', purple labeled 'MANAGE', and green labeled 'HELP'. At the top right of the interface, there's a user profile section showing 'nurse1.qa@example.com' and a 'Logout' link. The bottom of the page has a dark blue footer with the Fresenius Medical Care logo and name on the left, 'Fresenius Medical Care' in the center, and 'Page 9' on the right.

Same: Answer questions to create the custom training plan for that patient.
→ Does the patient have a care partner?

Start New Patient

2

The screenshot shows a web application interface for creating a new patient. At the top left is the 'steps2 homePD' logo. At the top right is the user email 'nurse1.qa@example.com' and a 'Logout' link. The main heading is 'Create a Patient'. Below it is a sub-heading: 'Answer the questions below. Your responses will build a training plan customized for the patient.' The question is 'Is the patient learning both CAPD and APD?'. There are two buttons: 'YES' and 'NO'. Below the question area is a red 'START OVER' button. At the bottom of the form are four navigation buttons: 'PREP' (blue), 'TRAIN' (green), 'MANAGE' (purple), and 'HELP' (green).

Is the patient learning both CAPD and APD. Based on how they answer this question, the training plan will be for CAPD only, APD only, or both.

Start New Patient

2

steps2
home[®] PD

nurse@center.com | Logout

Create a Patient

Answer the questions below. Your responses will build a training plan customized for the patient.

What is the patient learning?

APD

CAPD

START OVER

PREP

TRAIN

MANAGE

HELP

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If they answer NO to the previous question, they will be asked an additional question to determine which modality they will be training on.

Start New Patient

2

The screenshot shows the 'Create a Patient' form within the 'steps2home PD' interface. The form has a green header bar with the title 'Create a Patient'. Below the header, a message states: 'Answer the questions below. Your responses will build a training plan customized for the patient.' The main question is 'Is the patient using Kinexus Gateway?'. There are two green buttons labeled 'YES' and 'NO' for the answer. Below the question area is a red button labeled 'START OVER'. At the bottom of the form, there is a navigation bar with four buttons: 'PREP' (blue), 'TRAIN' (green), 'MANAGE' (purple), and 'HELP' (green). The top of the interface shows the 'steps2home PD' logo on the left and the user 'nurse@center.com' with a 'Logout' link on the right.

If the patient is going to learn both CAPD and APD, or just APD – they will be asked if the patient is using a kinexus Gateway.

Start New Patient

2

The screenshot shows the 'Create a Patient' form within the 'steps2 home PD' interface. The form has a green header bar with the title 'Create a Patient'. Below the header, a message states: 'Answer the questions below. Your responses will build a training plan customized for the patient.' The main question is 'Is the patient using Kinexus Gateway with remote therapy programming?'. There are two green buttons labeled 'YES' and 'NO' for the answer. Below the question area is a red button labeled 'START OVER'. At the bottom of the form, there is a navigation bar with four colored buttons: 'PREP' (blue), 'TRAIN' (green), 'MANAGE' (purple), and 'HELP' (green). The top of the interface shows the 'steps2 home PD' logo on the left, the user email 'nurse@center.com' and a 'Logout' link on the right.

If they answer yes, an additional question will clarify if they are using the kinexus Gateway with remote therapy programming. There are kinexus Gateway training sessions for both, so depending on how they answer, modules will be assigned accordingly.

Start New Patient

Create a Patient

Confirm the following information is correct for the patient.

Patient Initials: TLH2
Care Partner: No
Curriculum: steps2homePD

2

Does the Patient have a Care Partner?

NO

Is the patient learning both CAPD and APD?

NO

What is the patient learning?

APD

Is the patient using Kinexus Gateway?

YES

Is the patient using Kinexus Gateway with remote therapy programming?

YES

START OVER

SUBMIT

After the questions are answered, the nurse should review the summary **[Click]** and then click submit to finalize the custom learning plan for this patient.

Set-up of New Patient is Complete

2

steps2home PD Training with TLH2 (3534983) nurse@center.com Logout

Create a Patient

Patient created!

Patient Initials: TLH2
Curriculum: steps2homePD
Care Partner: No
Patient ID Number: E3534983

Keep track of the patient's ID number. This will be used to help identify the patient.

Print patient login information

Manage
To manage the patient's module access, click here. [MANAGE PATIENT](#)

Training Plan
To view and start the patient's training, click here. [VIEW TRAINING PLAN](#)

Edit Patient
To edit information about the patient, click here. [EDIT PATIENT](#)

PREP TRAIN MANAGE HELP

Set-up of the new patient is now complete.

[Click] The patient ID number is a randomly generated identification number that does not contain any PHI and is unique to this patient within the steps2home PD platform

[Click] By clicking 'Print patient login information', the nurse can print out the patient's login information for the patient.

Let's move to manage patient now. You can do that by clicking the 'Manage Patient' button or from the Manage tab at the bottom of the screen.

Manage Patient

Toggles do not differentiate between nurse and patient modules

Disclaimer language appears as you move to the Manage tab. This can be viewed in full at the bottom of the page.

When you first click on the Manage tab, you will see a Disclaimer flash on the screen very quickly. To view that disclaimer, scroll to the bottom of the page. It states 'These programs and training support tools were developed by Fresenius Medical Care for educational purposes only. They are not intended to substitute for medical care or replace the judgment or experience of the patient's care team. Patient training is the sole responsibility of the prescriber and associated center.'

These programs and training support tools are also not intended to replace any Instructions for Use and do not include all the information necessary to use any products safely and effectively. Patients, partners, and providers should review and refer to applicable Instructions for Use for complete information including all warnings and precautions.'

The Manage tab is where you can see both the nurse and patient progress through the modules here at the top of the screen. This is where you can further customize the training plan. The big difference here is that the ability to toggle the modules on and off is not differentiated between nurse and patient modules.

You can also print the training plan here if desired.

Habit Building

PRACTICE THE FOLLOWING SKILLS

- Check your vitals as directed by your peritoneal dialysis (PD) nurse.
- Inspect your exit site.
- Record your treatment information.
- Wear a mask as needed and practice proper handwashing or hand sanitizing technique throughout the day.
- Describe the steps to perform a continuous ambulatory peritoneal dialysis (CAPD) exchange or automated peritoneal dialysis (APD) treatment.

These are the habit building prompts that appear in every module starting with lesson 2

Individual Lesson Layout

Every module includes prescribing information and Indications for Use Statements

Vertical Dialysis (PD) Exchange Deep Dive

See Objectives | See Supply List

Please see important Safety information here and Indications for Use here and throughout this module.

Complete the following (15 minutes):

Ask your patient two questions at the start of each training session:

- How comfortable are you with the topics you learned previously?
- Is there anything you want me to review?

VIEW PATIENT SIDE

FACILITATOR OVERVIEW

YOU'VE REACHED THE END OF THIS MODULE

Before you go...

Ask—On a scale of 1-5 (1 not comfortable, 5 very comfortable), how well do you feel you understood this module?

Use your center's policy and procedure to enter key points from this training session.

- How comfortable are you with the topics you learned previously?
- Is there anything you want me to review?

Click the checkmark to mark this module as complete. ☐ MODULE INCOMPLETE

[Back to Training Plan](#) [Next Module >](#)

Access Your Blood: Access Types

See Objectives | See Supply List

Complete the following (15 minutes):

First at the start of each training session, ask your patient two questions:

- How well do you feel you understood the previous day's lesson?
- Is there anything you want me to review?

NOTE

The guidance provided here was developed according to commonly accepted best practices. Adjust this guidance based on the patient's needs or specific dialysis center policies.

Explain the three different access types:

- Arteriovenous fistula (AVF):** A natural vessel created by surgically connecting an artery and a vein.
- Arteriovenous graft (AVG):** A synthetic material used to create a loop connection between an artery and vein.
- Central venous catheter (CVC):** A plastic tube inserted into a large vein, usually in the chest area.

Additional key concepts: Access Types

The following information may be too technical for the patient. Share this information with the patient and care partner (if present) as appropriate.

Arteriovenous fistula (AVF): A surgically created opening between an artery anastomosed to a nearby vein that allows the high pressure arterial to flow into the vein, causing engorgement, enlargement, and wall thickening.

Arteriovenous graft (AVG): A synthetic (or, less frequently, biologic) conduit implanted subcutaneously and connected between an artery and a vein.

Central venous catheter (CVC): A synthetic, relatively large tube made of rigid material, placed into a high-flowing central vein.

YOU'VE REACHED THE END OF THIS MODULE

Before you go...

Ask: How well do you feel you understood today's lesson?

Click the checkmark to mark this module as complete. ☐ MODULE INCOMPLETE

[Back to Training Plan](#) [Next Module >](#)

Each module asks the same two questions, similar to those in NxSteps2.

Each module also includes PD Fluids prescribing information and the indications for use statements for all PD and kinexus products.

Here's a big difference from NxSteps2 in that each lesson in the Nurse view includes not only the detailed notes they need to facilitate the lesson, but they can also see here in this drop-down, all the same content that the patient will see in their view. This will prevent them from having to have two screens open if they want to also see what the patient is seeing.

Similar to NxSteps2, each module ends with two questions and click the module to complete it.

Edit Patient

Patients Active Search

Patient ID	Name	Training Progress	Select Patient	Manage Patient
31584641	TES	1.5%	SELECT	EDIT
66313452	JD	98.2%	SELECT	EDIT
62670202	TLH2	3.6%	SELECT	EDIT
53642791	DEC12	0.0%	SELECT	EDIT
57493182	DEC23	0.0%	SELECT	EDIT
22047282	DECN	1.9%	SELECT	EDIT
47004843	TLH3	0.0%	SELECT	EDIT
65847068	TLH4	0.0%	SELECT	EDIT
33307354	TLH5	0.0%	SELECT	EDIT
64594011	TH	0.0%	SELECT	EDIT

Patients per page 10 1 - 10 of 10

Edit Patient

Patient ID Number 64594011

Patient Initials TH EDIT

Care Partner No EDIT

Patient Training Status Active EDIT

Patient Password CHANGE PASSWORD

Delete Patient

You are about to delete the following patient account:
TH (64594011)

This will permanently remove the patient account and all information connected to that patient. Only do this if you are absolutely certain.

CANCEL DELETE THIS PATIENT

This functionality is the same as NxSteps2. This is where the nurse can reset the password and/or security questions if needed. Encourage them to use this to avoid calls to technical support.

The Delete button is here like it is in NxSteps2. We've tried to make it more intentional by making it a red button. If they click it, then get a pop-up window asking them to confirm that they want to delete the patient and informing them that this will permanently remove the patient account and all information connected to that patient. Only do this if you are absolutely certain. Once deleted the record is completely unrecoverable, so we need to train to this.

Patient View

LEARN

GET READY FOR HOME HEMODIALYSIS

KEEP IT CLEAN

Keep It Clean

Drugs, Clean, or Dirty

Universal Precautions

Aspirin Technique

Peritoneal Infection

Knowledge Checkpoint

ACCESS YOUR BLOOD

INTERPRET YOUR PRESCRIPTION

USE THE SYSTEM ONE CYCLER

CREATE AND MAINTAIN PERIFLOW

MANAGE MEDICAL COMPLICATIONS

LESSON 1: PREPARE FOR TREATMENT

☐ Hand Hygiene and Wearing a Mask (15 minutes)

☐ Kidney Function and How Peritoneal Dialysis Works (20 minutes)

☐ Exit Site Care (30 minutes)

☐ Next Steps After Lesson 1 (15 minutes)

LESSON 2: PREPARE FOR TREATMENT

☐ Habit Building (15 minutes)

☐ Peritoneal Dialysis Solution Strength (20 minutes)

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NxSteps contains knowledge checks at the end of each module. Steps2home PD finishes each module with **[click]** Next Steps, as already mentions – intended to help with recall, have an opportunity to discuss what the patient should practice when they go home, etc. Instead, some of the interactive learning components contain knowledge checks built into them.

Q&A



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