FRESENIUS MEDICAL CARE

steps2 home™ PD

steps2home PD Try It Activity

Find and Explore

Before the session

Print this activity. Bring it with you to your scheduled training session. You will complete it during the session.

Make sure you have appropriate devices for the training session. Ideally, you will have at least two devices:

- A laptop for participating in the virtual training session.
- An iPad or tablet for accessing steps2home PD platform for practice activities.
- Optionally, a phone could be used, but may not provide an optimal experience.

Be ready to go to the steps2home PD platform when directed to do so in the session! A few minutes before your session starts, open a browser window for it on the device(s) you will use to access steps2home PD. We have a special account for training purposes that contains fictitious patients and data.

Website URL: **steps2homePD.freseniusmedicalcare.com**

During the Training Session:

We recommend you continue to use your laptop for our virtual training session and use a separate iPad or tablet to access steps2home PD to practice:

Go to this URL in your browser: steps2homePD.freseniusmedicalcare.com

Click on **Access as Care Team Member**

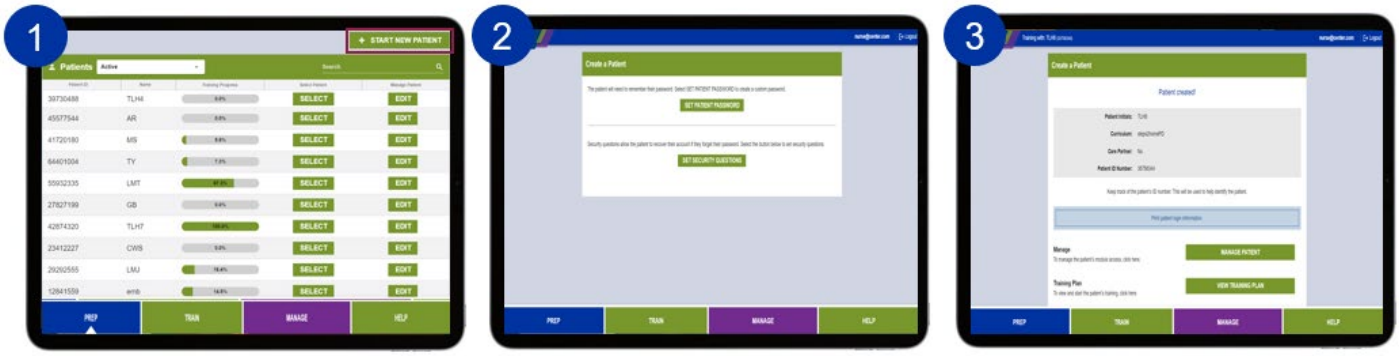
Account ID **– 1234**

Email**: nurse@center.com**

Password: **Welcome123!**

Try it! Create a patient

You should be logged in. Next, select **Start New Patient** and go through the steps of enrolling a patient for training.



IMPORTANT: Write down the Patient ID and Password of the patient you create. You will use this information later in the session.

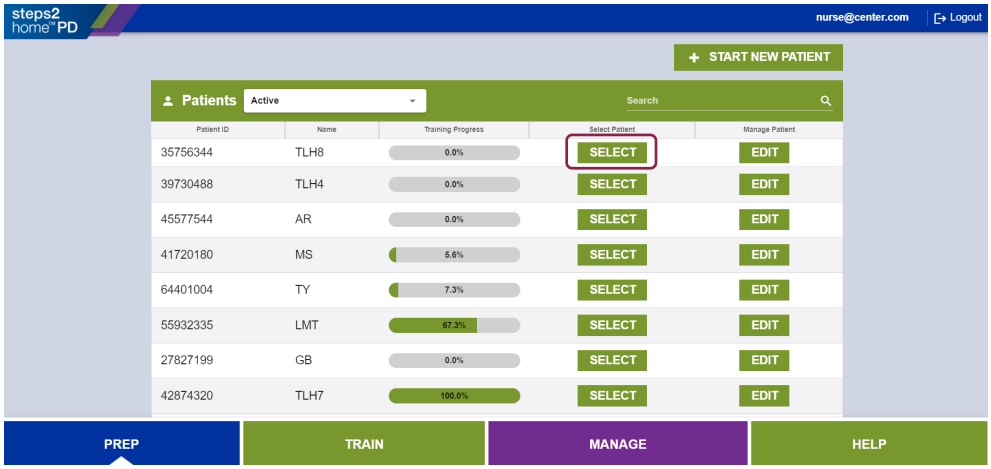
Patient ID Number: _____

Password: _____

Wait until directed to move to the next step.

Directions

1. After setting up your patient, select that patient from the nurse dashboard. The screenshot below is an example. Select the 'patient' you just created.



2. You should be on the TRAIN tab (bottom navigation).

   TIP: If you aren't where you need to be, go to *PREP*, select the patient you just created. This action takes you to the patient's training plan. Once you are there, you will see that you moved from *PREP to* TRAIN in the navigation bar.

3. Within the training plan, locate the lesson: **Get Ready for Training: Introduction to PD Training.**
4. Locate answers to the questions on the next two pages by executing activities listed within the question or searching as directed.

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1. Locate the unit objectives, then fill in the blanks below

At the completion of this unit, the learner will _____ what to _____ from training.

2. Locate the supply list for the lesson. Write down what the patient should bring with them, if needed.

3. Locate the reference to 'Introduce the training platform and explain how to use it.' What will they help patients find in this part of the training unit?

4. Locate the Preparing for Peritoneal Dialysis Training link in the Resources section. Based on this resource, what should the patients bring to training?

a)
b)

5. Scroll down to the end of the lesson. Mark the lesson complete. After you do so, what two navigation options are available?

a)
b)

6. Select your patient, then click on the MANAGE tab. Check the items you can monitor about your patient's progress though their assigned lessons.

☐ The percentage of lessons completed

☐ The specific lessons completed

There is one other item you can monitor – see if you can spot it and write it below

7. **Within the MANAGE tab, make the training units 'Kidney Function and How Peritoneal Dialysis Works' and 'Intraperitoneal Medication Administration and Sample Collection' inaccessible to your patient. Explain how you did that.**
8. In the HELP tab, what is the answer to the question: Is the app available in other languages?
9. Where in the platform can you submit a question if you are not able to find it in the Frequently Asked Questions section?
10. List anything else you noticed in the platform that you want to ask questions about or comment on:

Find and Explore – Patient View

1. What "types" of training formats do you see in the platform? Find at least five types

a)
b)
c)
d)
e)

2. Go to the Fluid Management unit. What image is found in the 'Checking for signs of fluid buildup' section?

3. How many training units are in lesson 5?

☐ Four ☐ Five ☐ Six

4. Go to training unit 'Fundamentals of a PD exchange'. Locate the Basics of an exchange section. How many steps are listed?

5. Find the 'Exit Site Care' training unit. What is the title of the resource available in the Resources section?

6. What happens if you use the "back" arrow on your browser versus clicking on the 'Home' icon at the bottom of the screen?

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